



What's ON...

DATE: April 2025

HELLO AND WELCOME TO OUR NEWSLETTER

We hope you find this information useful and please do share with everyone and anyone you feel may benefit.

If there is anything you would like us to add or you would no longer like to receive copies of our newsletter then please email us at:

localareacoordinator@cheshireeast.gov.uk



Local Area Co-Ordinator



You're Invited
to join us

EASTER FUN DAY

Fun for all the family!

Saturday 12th April
12noon – 3:30pm

There will be lots of 'egg-citing'
things to enjoy

Arts and crafts stalls

Alex from Bollington Balloons

A small petting zoo (12noon – 2pm)

Singer & entertainer, Tony Boyle

(1:30pm – 2:30pm)

We look forward to seeing you!



Belong Macclesfield, Kennedy Avenue, Macclesfield SK10 3DE | T: 0625 508700

Newsletter – Local Area Co-Ordinator What's ON

2-4 Longbutts Lane, Gawsworth, Macclesfield
SK119QU



looking for something
to do in the
EASTER HOLIDAY

Find our **12**
Famous Rabbits

**Join in the fun of our
Easter Bunny Trail**

Entry maps £2 donation
Available at the HUB & Gawsworth School

12th to the 19th April

Have fun at the HUB with our Bunnies
on Saturday's 12th and 19th

Follow the map..answer all
Questions.. enter the draw

The cafe will be OPEN too



We have a couple of places on our watercolour classes.
They tend to be on a Wednesday afternoon 2-4pm. The
cost is £18

We also have a Bingo night in the village hall on
Friday 14th May 7pm £10 a ticket.

OFFICIAL

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Free HEALTH & WELLBEING EVENT



SATURDAY 26TH APRIL
12PM-4PM
WILMLSOW LEISURE
CENTRE



Talks from healthcare professionals



Free health checks



Free children's face painting
and free children's activities



Health and wellbeing stalls



Local fire engine attending!!



Find out about your local
volunteering opportunities



All ages welcome



Scan the QR code to see video
highlights of last years event or go
to:

<https://wilmslowhealthcentre.com/health-wellbeing-fair/>





Feel more positive
Manage your stress
Feel happier
And much more.....

FREE WORKSHOP

Stress Release And Mindfulness Workshop With Dr Sheila French

Thursday 3rd April 1.30-3pm

FREE

Booking essential at - guildlifelonglearning.org/events/free-stress-release-and-mindfulness-workshop-with-dr-French

T- 01625 523903

Annual PLANT sale

**Saturday
April 26th
10.00-12.00**

**Main Hall
The Guild
Bourne Street
Wilmslow, SK9 5HD**

The Guild Gardening Club
Welcomes you

Made with PosterMyWall.com

Bridgend Centre presents:

Shuttle to the Shops

A bus service from Bollington every fortnight
Available to all - £5 per trip

Places are limited. For more information and details on how to register please contact:

Tel: 01625 576311 or

Email:

info@bridgendcentre.org.uk

Please note that two of these trips set off earlier than normal. For departure times, please see separate sheet



Wed 2nd April - Stockport Town Centre

Wed 16th April - Bury Market (morning start)

Wed 30th April - Reddish Broadstone Mill

Wed 14th May - Leek Town Centre

Wed 28th May - Altrincham Town Centre

Wed 11th June - Trentham Shopping Village (morning start)

Wed 25th June - Handforth Dean



BRIDGEND CENTRE PRESENTS:

POYNTON REFLECTIONS



WEDNESDAY 2ND APRIL
2.30PM TO 3.30PM
AT THE BRIDGEND CENTRE
£4 PER PERSON

**PLACES ARE LIMITED SO PLEASE BOOK IN AT RECEPTION OR
BY CALLING 01625 576311**

Poynton Reflections are a local four-piece band playing a wide variety of instruments and singalong music from traditional folk to rock and roll

Bridgend Centre
at the  of our community

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PLANT SALE

IN SUPPORT OF CRE8 YOUTH
& COMMUNITY PROGRAMME

26 April | 11.30-2pm

**St Barnabas Church, Lyme Avenue
Macclesfield SK11 7RS**

Donations of plants & garden
items welcome contact Katy
07745734828

To find out more about the work of Cre8 visit:
www.cre8macclesfield.org



INVITES YOU TO A
COMPLIMENTARY
LUNCH AT THE GUILD

WEDNESDAY

APRIL
16
2025

12:30PM-3:30PM



The Guild for
Lifelong Learning



📍 1 Bourne St, Wilmslow, SK9 5HD

Join us for lunch, live music, and
some fun Easter-themed activities!

RSVP by contacting our
Wilmslow branch on
01625 326470

Free on-site car parking



MACCLESFIELD & DISTRICT CARDIAC SUPPORT GROUP

HERE TO HELP



We are here to help you cope with your heart health problems, our members have all either experienced cardiac problems themselves or are carers for those who have.

We provide the following services:-

- Exercise sessions twice a week, Tuesday & Fridays 2-3pm
- Informative talks, both on health and other general subjects
- Hospital visits to cardiac wards at Macclesfield Hospital can be

Where we are

All Saint's Church, Brough St West
Macclesfield SK11 8EL
(Entrance on St Andrews Road)



Contacts

Les Lee (Chairman)

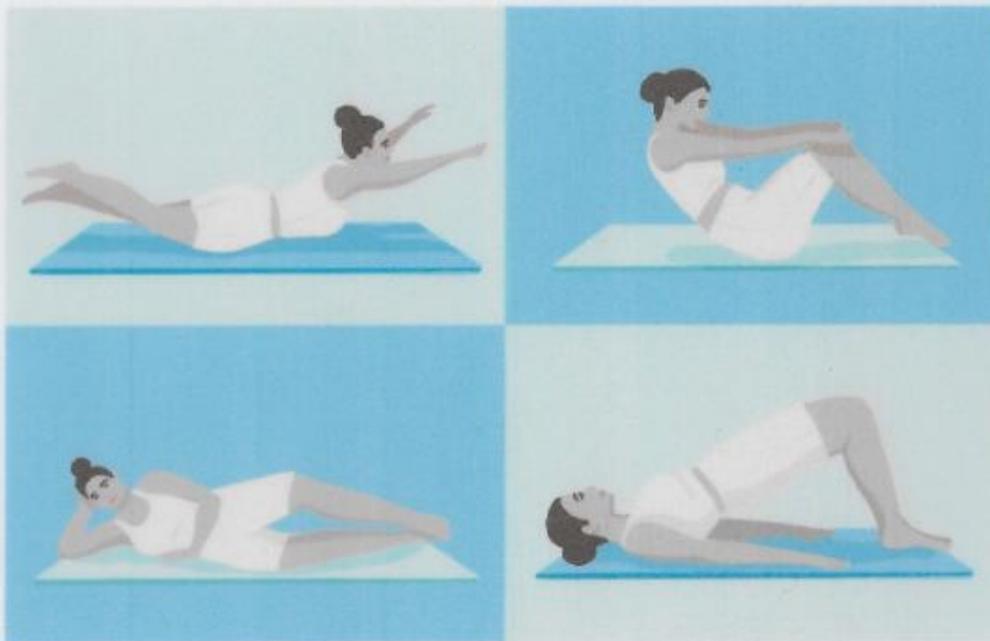
01625 584135

Gaspare Alessandrini (Secretary)

01625 420394

**Modified Pilates in association
with John Honey Physiotherapy**

(Small classes led by a Physiotherapist)



Monday 9.30 & 10.45am All Saints Church Hall

Wednesday 9.30am St Pauls Church Hall

Booking required

Contact: 07980786321 for further details



AVRO HERITAGE MUSEUM

AVRO HERITAGE MUSEUM

Woodford Aerodrome, Chester Road,
Woodford. Sat Nav Postcode: SK7 1GE



HIDDEN
GEM

EVENTS 2025

Classic Vehicles Day: Sun. 13th April

Classic Vehicles Day: Sun. 11th May

Avro Super Cars Day: Sun. 25th May

Classic, Military, & Emergency Vehicles Day: Sun. 8th June

Air Fair "Wings & Wheels": Sat. 12th & Sun. 13th July

Forties Weekend: Sat. 6th & Sun. 7th September



How to find us:

Follow Chester Road (A5102) to the mini roundabout opposite Notcutts Garden Centre, Turn into the Woodford Garden Village and turn right at the end of Lancastrian Way, following the brown signs.

**Full Details on our Website:
www.avroheritagemuseum.com**

**If you'd like to display a vehicle at one of our events,
please contact Craig Hadfield on: 07713 856672
or e-mail crg.hadfield@gmail.com**



Affected by sight loss?



A safe, supportive, confidential, judgement-free and non-clinical place for adult men affected by, or living with sight loss, to TALK

Monthly meetings at Townley Hall

Macclesfield SK11 6HZ

For more information, phone: 01625 422602

Supported by Café Mustard, Macclesfield

East Cheshire Eye Society, 11 Market Place, Macclesfield SK10 1EB

Tel: 01625 422602 www.eastcheshireeyesociety.org.uk

info@eastcheshireeyesociety.org.uk

 East Cheshire Eye Society Charity No. 1174656

GENTLEMEN'S EVENSONG



Beer and banter

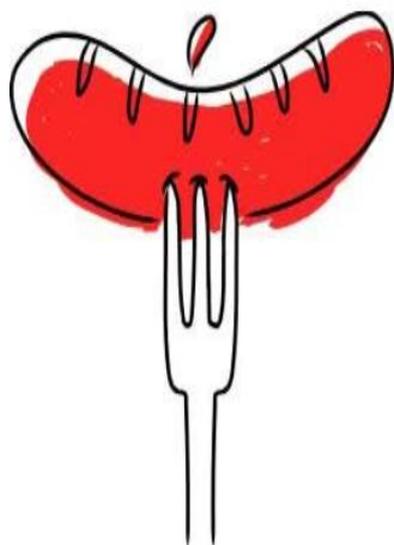
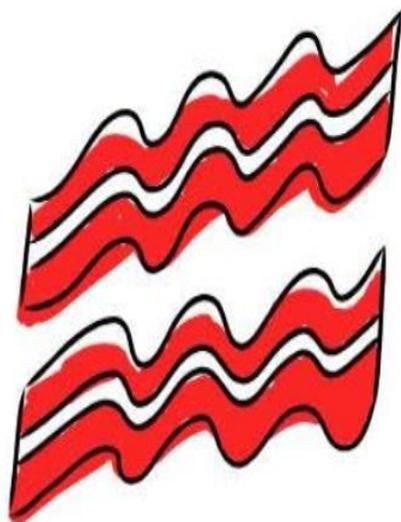
On the first Sunday evening of the month "Gentlemen's Evensong" is usually held in the Park Tavern Pub. As you can see from the pictures, singing is not on the agenda. We meet together to enjoy a pint (or two), enjoy the banter, and put the world to rights as only a group of men can! Once or twice a year we organise a day trip out.

(PS Drinkers of wine and other beverages are welcome)

CONTACT RON 01625 261373



the
welcome



Breakfast Buddy's

Men's breakfast club

MONDAY'S
10AM

Free bacon or sausage sandwich

The Welcome
146-147 Longridge, Knutsford WA16 8PD

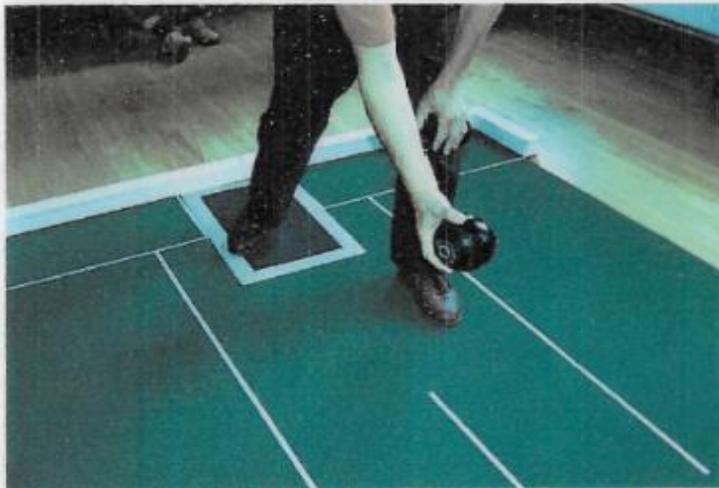
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ALL SAINTS CHURCH

11, Brough Street West, Macclesfield SK11 8EL

AIR indoor bowls



We play Wednesday morning 10 – 12 – all year

And Friday mornings 10 – 12 (autumn & winter)

Contact - Janet Stevens 07711678398

ST MICHAELS AND ALL ANGELS CHURCH EVENTS

Market Place, Macclesfield, SK10 1DY

April and Easter events

Music@Mike's lunchtime concert **Fri 4th April** 1.15pm - 1.45pm Free
KEMS concert **Sat 5th April** 7.30pm - 9.30pm Tickets on door/online

Ukrainian Cafe - meeting point **Sat 5th April** 10.00am - 11.30am

Ceilidh Macc - dancing and food. Fun for all the family. **Fri 11th Apr** 3.30pm - 5.30pm Tickets online. Check if door purchase is available.

Ceilidh Macc - dancing and food. Adults only. **Fri 11th Apr** 7.30pm - 10.30pm Tickets online. Check if door purchase is available.

Contemplative Drop-In Services - 45 mins per service with Bible readings, poetry, music and meditation - in our Savage Family Chapel **Fri 18th Apr** 2.00pm - 4.00pm Contact the office for more details on 01625 421984

Easter Trail - crafts and a story **Sat 19th Apr** 11.00am - 2.30pm

Lunches are available in our cafe

Macclesfield & Bollington URC.

Park Green, Macclesfield, Cheshire SK11 7NA

Wednesday Group

Our April Wednesday Group will meet on **23rd April at 2.30pm** in the **Bollington Room, Townley Street, Macclesfield, SK11 6HZ**. Do come and join us for a short time of worship followed by afternoon tea. You will be made very welcome.



EASTER

AFTERNOON TEA

FRIDAY APRIL 11TH

2-4PM AT

CHELFORD HUB



Connecting Chelford

**FOR MORE DETAILS EMAIL
CONNECTINGCHELFORD@GMAIL.COM**

**OR CALL
07973 453 823**





Saturday 5th to Friday 11th April

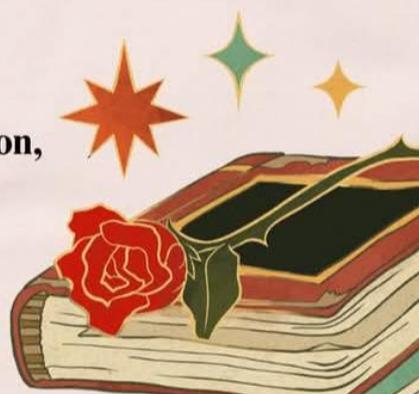
Saturday 10am - 3pm Monday to Friday 10am - 4pm

£2 entry fee (cash) on Saturday 5th

All other days are free

Browse our vast collection of vintage
★ bargains and raise funds for community
charity The Bridgend Centre at the
same time!

**Bridgend Centre,
104 Palmerston Street, Bollington,
Cheshire, SK10 5PW
01625 576311
www.bridgendcentre.org.uk
Charity no: 1123287**



Vision Zone 2025 Solutions for Low Vision



Would you like to find out more about assistive technology, Support, Services, Groups, and much more?

Our Vision Zone events bring together a variety of excellent services and charities covering your local area.

No matter what your sight loss condition we are here for you. Whether it's just to gain knowledge or hands on experience of new technologies, entry is free to our events, and our friendly staff will greet you with a warm welcome.

Monday 7th April – 11.00 to 14.00

Knutsford Methodist Church, Princess Street, Cheshire,

WA16 6BY



Knutsford Talking Newspaper

0800 1456115

www.lowvisionshop.co.uk

Cheshire East's Vision for Transport

This consultation runs
for 8 weeks from
Monday 24 February
to **Monday 21 April**.



Plan for the future

Our current Local Transport Plan needs updating and we are in the process of developing a future plan for transport in Cheshire East.

Our vision is a connected, safe and sustainable transport network, accessible to all, that supports a healthy, prosperous Cheshire East

Join the conversation!

Have your say and help us shape the future transport network in our borough!

Have we identified the right challenges and opportunities?

Do our vision, aims and priorities match yours?

Find out more and get involved



Scan the QR Code



Visit: www.cheshireeast.gov.uk/LocalTransportPlan



Email ceconsultation@cheshireeast.gov.uk with any queries or comments



If you are not able to complete the consultation online, **paper copies** of the questionnaires and brochures are available at libraries and leisure centres



Write to us at *Research and Consultation, Cheshire East Council, 4th Floor, Delamere House, Crewe, CW1 2LL*



Call us on **0300 123 5500**





WHAT IT'S REALLY LIKE LIVING WITH AUTISM

Delivered by Ben Simpson - Space4Autism

A talk delivered by Ben Simpson, an autistic adult, looking at his experiences from childhood up to adulthood.



Thursday 13th March
6-7.30pm (Zoom)



Tuesday 8th April 7-9pm face to face at Space4autism

To book or for more information, please email parenting@justdropin.co.uk





Parent/Carer Peer Support Forum

Are you a parent or carer of a child or young person aged 8 - 18yrs old, living in Macclesfield,

Poynton, Wilmslow or Knutsford who is looking for some support when it feels like no-one else gets it?

Being a parent can be the best job ever, it can also be the hardest.

You don't have to feel on your own; "Just Support" is a monthly group run by Clare and Michelle, our Parent Carer Peer Support Workers with lived experience of challenging times, who can offer a listening ear in a safe and non-judgmental space to share your questions, concerns and experiences, or help you navigate mental health services for children and young people.





Digital Voice is coming to your town

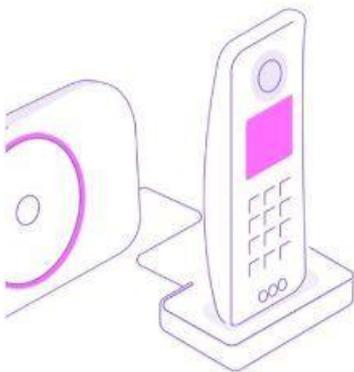
Neighbourhood Watch volunteers will be running free information sessions for residents about the BT landline switch over.

Just drop in and find out more:

Disley Library

**Off Buxton Old Road
Disley
Stockport
Cheshire
SK12 2BB**

4th April 2pm-5pm



DISLEY FRIENDS SOCIAL GROUP



Where everyone is welcome!

DISLEY COMMUNITY CENTRE
1.30–3.30 pm



Come and join us every month for an enjoyable afternoon of music, singing, fun quizzes, bingo and occasional crafts.

£2 entry includes tea, coffee, cakes and biscuits.



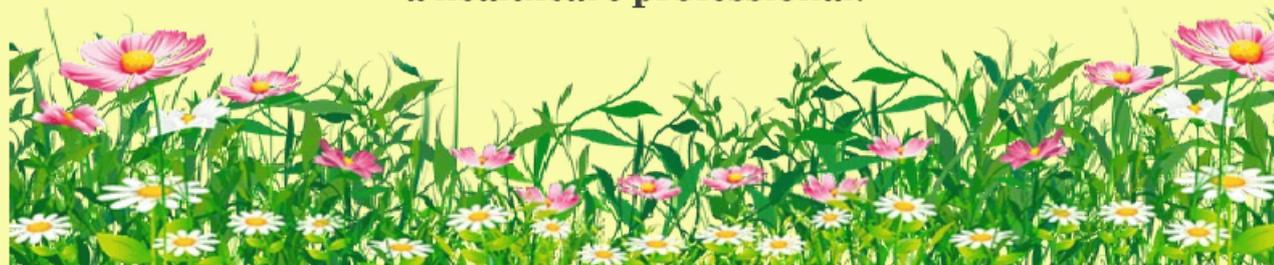
2025 dates (Friday)

10 January*	14 February	14 March*	11 April
9 May*	13 June	11 July*	8 August
12 September*	10 October	14 November*	12 December

*Time to Talk sessions



Are you a family carer? Do you have memory concerns?
Do you live alone? Confidential 'Time to Talk' drop-in sessions are held in the Library small meeting room every other month where you can discuss concerns with a healthcare professional.



Free Self-Defence Sessions

Cheshire Police have teamed up with Motherwell and My CWA to provide FREE 1 hour self-defence sessions aimed to improve confidence and awareness to residents across Cheshire East.



The sessions will look at:

Holds and Grabs

Effective Strikes

Knife defence

Pins to the floor

Macclesfield Leisure Centre 1-2pm

29th March (Women Only)

12th April (Mixed)

26th April (Women Only)

Hurdsfield Food Pantry

The Green In The Corner Cafe,
Hurdsfield Green, SK10 2RJ

Every Thursday, 1:30 pm - 4:00 pm

Stop by for Tea/Coffee from 1:30pm



Choose your food from 2pm.

Cost: £3



Newsletter – Local Area Co-Ordinator What's ON



Live Well Cheshire East provides a wealth of information and advice to help you maintain your wellbeing and improve the choice and control over the care and support you need. With the easy to use directory, containing over 3000 entries, you can find wellbeing activities and support groups local to you. Below are some of the services Live Well offers:

- Mental health and wellbeing support groups, information and advice
- Connected Community Centres
- Personal Care and support services

Live Well also offers useful information and advice on a range of subjects, such as the following:

- Care and support for children, adults and carers
- Local offer for SEN and disabilities
- Independent living
- Education, employment and money matters
- Community activities



Live Well website address: <https://www.cheshireeast.gov.uk/livewell>

Care Finder

Live Well also offers the Care Finder solution which helps you arrange care services online by completing simple questions about your requirements. Find out if you are eligible using the link below.

Care Finder information page link: <https://www.cheshireeast.gov.uk/livewell/care-and-support-for-adults/care-finder.aspx>

Health and Wellbeing services

There are many websites and apps available in Cheshire East that you can use to track and set goals to improve your health and wellbeing and much more, find out more using the link below.

Referral to wellbeing services link: <https://www.cheshireeast.gov.uk/livewell/managing-your-health-online/managing-your-health-online.aspx#HealthUnlocked>

Choices for care

Live Well offers information and advice which will help you live independently and safely in the community. This will assist you in planning the support that you need. You might also want to think about the support that family or friends can also give.

Choices for care link: <https://www.cheshireeast.gov.uk/livewell/choices-for-care.aspx>